University Transportation Research Center (UTRC) NYMTC Brown Bag Seminar, January 17th, 2007

Emergency Medical Services: A Critical Condition in Transportation Safety –



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What are the solutions?

- ► Training?
- Practice Policy?
- Transportation Systems Engineering?
- Automotive Engineering?
- Education of other road users???

EMS

- Emergency Medical Services (EMS) an important and unique aspect of the transportation system, it encompasses public safety, public health and an emergency service.
- What are the system wide transportation safety issues and challenges faced by the Emergency Medical Services?

In a nutshell

- ► Comprehensive perspective on:
 - system wide data
 - the challenges
 - the cutting edge
 - the gaps in knowledge and application of transportation systems safety in the big picture of Emergency Medical Services transportation

Your Interactive Handout awaits you online...

www.objectivesafety.net





Transport related aspects of EMS

- dispatch of EMS vehicles
- transport policies and protocols vehicle fleets and vehicle design
- vehicle purchase standards Intelligent Transportation Systems technology driver training
- training simulation
- driver performance monitoring roadside and road design
- integrated traffic safety technologies
- scene safety and visibility
- safety data capture
- afety oversight

USA EMS

- EMS Systems >15,000
- Personnel ~1 million
- (~30% F/T professional & 70% volunteer)
- Vehicles ~50,000 (Type I, Type II, Type III, Freightliners, ?motorcycles) Transports - ~50 million
- (to Emergency Depts ~ 50%, < 1/3 emergent)
- ~\$8 Billion annually Cost -

Safety Oversight - ? Disparate



Transport oversight?

In contrast to the bus and truck industries, which have comprehensive safety oversight, and transportation safety interventions, as well as transportation safety data capture via the Federal Motor Carrier Safety Administration (FMCSA) - EMS has been focused more as an acute health care delivery and emergency service and largely outside of much of the other transportation oversight infrastructure that evicte. that exists.

This is an opportunity for transportation planners, ngineers, and system operators to see a comprehensive verview some of the multidisciplinary transportation hallenges faced by Emergency Medical Services.

What is EMS?

- Emergency care, public health, public safety and patient transport
- Bridge between the community and the hospital
- Volunteer professional
- Urban rural
- Disaster response
- Majority of transports NOT critical or life threatening

Emergency Medical Service (EMS) vehicles - Ambulances

- What are the transport safety issues that pertain to this important public service and public safety industry? What do we know of the risks and hazards and how can we measure
- these 7 How can the safety of this transport
- system be optimized?

EMS Definition

- An Emergency Medical Services system is - A coordinated arrangement of resources (including personnel, equipment, and facilities) which are organized to respond to medical emergencies, regardless of cause. (ASTM, 1988). EMS-
- MMS The services provided to accident victims and patients suffering from severe acute illness and psychiatric emergencies. Detection and reporting of medical emergencies, initial care, transportation and care for patients in route to health care facilities, medical treatment for the acutely ill and severely injured within emergency departments, and the provision of linkages to continued care or rehabilitation services. (EMS Research Agenda 2001)

History of EMS

- EMS is a relatively new industry
- An unusual history of beginnings within the
- An unusual instory or beginnings within the mortician industry.
 Early ambulances were hearses, once motorized usually a Cadillac, a vehicle in which an occupant could be transported in the rewimbent position
- Over the past 100 years, the sophistication of EMS medical care has advanced dramatically
- EMS communications and transportation technology have not kept up with that pace

Management of the second s **EMS** Crashes Take Toll on EMS

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In Hendersonnille, EMB providers needed rescue after a vehicle crisished into them and the levo-car week they were working on Bastationay Highway. The cream were extra ding a woman from her vehicle when a was barreled into the hot zone, causing the second accident.

The two victms from the initial accident and four rescuers were basen to area hospitals. Firefolder Joey Drake and paramedic Cutts Doi were artified to Mission St. Joseph's Hospital in Cutts Doi were artified to Mission St. Joseph's Hospital in

Firstly!



a predictable and preventable event

This IS a transportation safety issue

Systems engineering

- Where do ambulance crashes occur?
 What transportation safety engineering interventions
- ITS -
- Does opticom work effectively in this environment given the traffic density and emergency vehicle density? Merit of emergency vehicles being fitted with early
- werning technologies Proper design of emergency vehicle traffic flow Fleet mix to match anticipated transport environmental challenges (ie police model bicycle, motorcycle, horse three wheeled, cruiser, van, truck)?

Balance of concerns and risk during transport



- Response and transport time
- Clinical care provision
- Occupant safety/protection
- Public Safety

Goals

- Standards for safety
- Policy based on Science
- Databases to demonstrate outcome

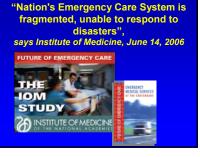
the EMS transport process

- communications/dispatch the patient

- clinical care & interventions protective equipment the vehicle the driver/driving skill

- other road users the road





Benefit of Safety

Any cost of addressing these issues is dwarfed in contrast to the huge burden of not doing so - in financial costs let alone the personal, societal, ethical and litigation costs

EMS Transport Safety IS Complex AND Multidisciplinary Epidemiological Data Collection Risk Public

Ergonomic			- 7	
Research	~ _	1	Ζ.	EMS Policy
Biomechanical Automotive		EMS	-	
Safety		Safety		PPE
Biohazard/Chem Research				Driver Training
Communications technology	EMS Practice	Regulation and Stand		leet Safety Program

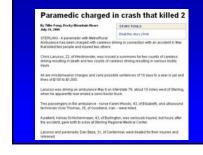
This is not acceptable

In the USA*

- ~ 5,000 crashes a year
- ~ One fatality each week
- ~ 2/3 pedestrians or occupants of other car
 Approximately 4 child fatalities per year
- ~10 serious injuries each day
- Cost estimates > \$500 million annually
- USA crash fatality rate/capita 35x higher than in Australia

Is it your services tragic year?

- ▶ ~ 50 fatalities a year
- ▶ 15,000 EMS services
- Each year one in 300 services experiences a fatality



Safety oversight of what and by whom

- Vehicle Safety
- Vehicle Design
- Safety Equipment Design
- Vehicle and Safety Equipment Testing and Standard development
- Safety policies

A Simple Question.... WINGS, WHEELS & ROTORS . A Simple Question Index many work both size and as search to the broad back and ground is the comparison of the same for the share of the low poor sensing the same for the share of the low poor sensing the same for the share of the low poor sensing the same for the same sensitive of the same sensitive Where all here

The NTSB

About the NTSH History and Mission

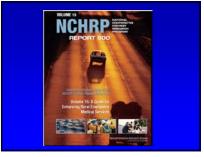
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- using the government's database of ord av oal significance. The MTDD provides arent

TRANSPORTATION RESEARCH BOARD

Active Projects (all due late 2006)

- Commercial Motor Vehicle Driver Training Curricula and Delivery Methods and Their Effectiveness Commercial Motor Vehicle Carrier Safety Management
- Certification The Role of Safety Culture in Preventing Commercial
- Vehicle Crashes
- The Impact of Behavior-Based Safety Techniques on
- Commercial Motor Vehicle Drivers Health and Wellness Programs for Commercial Motor Vehicle Drivers





What about FMCSA's Mission

Office of Research and Analysis is committed to reducing the large truck-related fatality rate from 2.8 per 100 million truck-miles in 1996 to 1.65 by 2008. ssion

- The mission of FMCSA's Office of Research and Analysis is to reduce the number and severity of commercial motor vehicle (CMV) crashes and enhance the efficiency of CMV

- vehicle (CMV) crashes and enhance the efficiency of CMV operations by: Conducting systematic studies directed toward fuller scientific discovery, knowledge, or understanding Adopting testing, and depioying innovative driver, carrier, vehicle, and roadside best practices and technologies By expanding the knowledge and portfolio of deployable technology, the research and technology program will help FMCSA reduce crashes, lipirics, and fatalities and will deliver a program that contributes to a safe and secure commercial transportation system.

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"Are our policies killing people?"

1991-2000, 302,969 Emergency vehicles were involved in MVCs - 1,565 involving fatalities

- In PA 1997-2001, ambulances were more likely than similar sized vehicles to be involved in*:
- 4 way intersection crashes (43% vs 23%, p=0.001)
 Collisions at traffic signals (37% vs 18%, p=0.001)
- MVCs with more people injured (76% vs 61%, p=0.001)

*Comparison of Crashes Involving Ambulances with those of similar sized vehicles – Adam Ray, Douglas Kupas, PEC Dec 2005;9:412-415

So.. The real world for an EMS vehicle approaching a red light

- ► You think they heard you...
- ► You know they must have seen you..
- And maybe they did
- ▶..... But..
- ► There is NO way humanly possible that they could stop

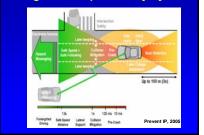


A peer reviewed tragedy

- Persistent disconnect between automotive safety science and EMS transport safety approach
- Pre-hospital and Emergency Care 2004
 "EMS vehicle drivers are advised to approach the intersection, slowing to ensure that traffic has stopped and making eve contact with other drivers before entering the intersection."
- In the modern era of road safety to suggest that a strategy of "eye contact" to be made at an intersection with a driver traveling at \sim 40mph in the hope that this would result in a safety intervention, is at best frightening

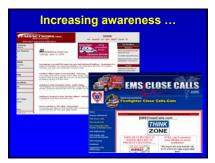


Intelligent Transport Safety Systems









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Safety oversight of what and by whom

- ► Vehicle Safety
- Vehicle Design
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- Vehicle and Safety Equipment Testing and Standard development
- Safety policies

An important and unique system

- Public safety, public health and emergency service
- Is there to save lives
- A more recent service compared to **Fire and Police**

Data

- ► What national statistics are there for EMS transport safety
- What is known about 'wake effect'

EMS Best Practice, Sept 2006

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We should use the best safety practices demonstrated in engineering



Predictable risks

- More often at intersections, & with another vehicle (p < 0.001)* Most serious & fatal injuries occurred in rear (OR 2.7 vs front) & to improperly restrained occupants (OR 2.5 vs
- % of fatally injured EMS rear occupants unrestrained*
- 62% of ratain jinjurde EMS rear occupants unrestrained" > 74% of EMT occupational fatalities are MVC related *** Serious head injury in ≻65% of fatal occupant injuries# 70% of fatal crashes EMS crashes during Emergency Use# More likely to crash at an intersection with traffic lights (37% vs 18% p=0.001) & more people & injuries/crash than similar sized vehicles##

Pirrailo RG, Kuhn EM, Prehosp Emerg Care 2001 Jul Zaloshnja, Levick, LJ, Miller, Acc Anal Prev 2003 Hunting, Smith, Levick, Annais Emerg Med Dec 200 s DF, Prehosp Emerg Care 2005 Dec; 9:412-415 FR Parts 571, 572 & 589 Docket no. 92-28; notice

EMS Provider Fatalities

- ▶ 12.7 fatalities/100,000 EMS workers
- Greater than 2 X the national average (5.0 fatalities/100,000)
- Similar to Police (14.2/100,000) and Fire Fighters (16.5/100,000)

re, Hunting, Smith & Levick, Occupational Fatalities in Emergency Services: A Hidden Crisis, Annals of Emergency Medicine, Dec 2002

and what is killing EMS ?

EMS personnel fatalities*

- ► 74% transportation related
- + 1/5 of ground transport fatalities were struck by moving vehicles
- 11% were cardiovascular
- 9% were homicide
- 4% needle sticks, electrocution, drowning and other

e, Hunting, Smith & Levick, Occupational Fatalities in Emergency Services: A Hidden Crisis, Annals of Emergency Medicine, Dec 2002







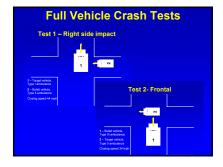
Iedical Services: A Hidden Crisis, Annals of Emergency Medicine, Dec 20





EMS Research /Data Vacuum

- > ? total no. of ambulances
- ? total no. of medics
- ? total no. of runs (per age & severity)
- ? total pt. miles (per age & severity)
- > ? true crash fatality rate per mile
- ? crash injury rate
- ? adverse events





Air EMS is a role model for safety initiatives and focus



Safety Management

- A Safety Culture
- **Protective Policies**
- **Protective Devices** In the event of a crash • To prevent a crash
- Continuous Education and Evaluation

EMS Risk/Hazards

- Predictable risks
- Predictable fatal injuries
- Serious occupational hazard
- Public safety hazards

What's new

- New automotive safety technologies • EVS
 - + ITS
- Monitoring and feedback enhancements
- New expertise
- TRB
 ASSE
- SAE
- + UTRC
- Ergonomics
 Industrial Design

Regional University Transportation **Research Centers**



Protective devices/concepts

- To prevent a crash > Driver feedback > Driver monitoring > Driver training > Vehicle intelligent Transportation System (ITS) > Vehicle insplatch > Tiered dispatch > Appropriate policies

In the event of a crash

- Vehicle crashworthines
 Seat/seat belt systems
 Equipment lock downs
 Padding
 Head protection





English product manual 3 FAQs - English



Other monitoring devices

- Primarily to record events during and immediately preceding a crash
- Give no driver crash prevention feedback
- Administratively burdensome
- Intrusive
- Not demonstrated to be as effective in improving vehicle maintenance costs or as effective in modifying driver behavior long term



EMS is emerging in the transport safety arena

- First and only presentation of ambulance safety research at ESV Congress was 2001
- SAE Toptec on Military and Emergency Vehicles, USA, September 2001 Emergency Vehicle Symposium, Australia, Melbourne, May 2003
- Sporadic Ambulance safety research presented at peer reviewed AAAM, ITMA, SAEM, Safe America, World Injury, Asia Pacific Injury Conferences 1999-2005
- Next week at inaugural meeting at 2007 TRB Congress in DC

Global EMS Vehicle Safety Standards v Specifications and Guidelines

- EMS Safety and Performance <u>Standards</u> Australia & New Zealand 4535 Common European Community (CEN) EN1789
- Non EMS Specific USA Standards * [Aviation - FAA/CAA/JAA]
- Z15 Fleet vehicles safety management
- **USA EMS Specification & Guidelines** • Purchase Specification: KKK & NTEA – AMD
 - Guideline: EMSC Dos and Donts ASTM, CAAS and CAMTS

USA ambulance purchase specifications GSA:KKK-A-1822E, 2002

Static Pull test

- 2200 Lbs. (8G's) in Longitudinal and Lateral
- No dynamic test
- No definition to manikin mass
 - No restraint for equipment
- Voluntary

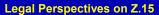


American National Standard ANSI/ASSE Z15.1-2006 Safe Practices for Fleet Motor Vehicle Operations



What Z15 encompasses

- Safety Program
- Safety Policy
- **Responsibilities and Accountabilities** Driver Recruitment, Selection and
- Assessment **Organizational Safety Rules**
- **Orientation and Training**
- Reporting Rates and Major Incidents to Executives
- Oversight



ANSI Z15.1 Standard: A Tool for Preventing Motor Vehicle Injuries and Winimizing Legal Liability By Adele L. Abrams, Esq. CMSP Law Offsee of Adele L. Abrams P.C.

Late Office 14 work is summaries and the second sec

Healthcare Safety

Importance of safety as an organizational value

mention

- Proactive approaches to safety management and leadership
- Prevention of accidents, injuries
- Presents authoritative data from OSHA, EPA, NFPA, NRC, and JCAHO ? EMS Transport Safety? - Not a

HEALTHCARE HAZARD CONTROL AND SAFETY MANAGEMENT





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Sit Down for EMS Safety!

\$ \$ Q





FDNY a leader in safety



What we need to consider, where is the 'bang for buck' in ambulance transport safety:

What's missing

- What data is collected nationally?
 We have no denominator data
 We have incomplete numerator data
 Absent population based national injury data or injury
 mechanics data
- Absent structured automotive safety engineering input
- 1+ 2 +3 = resultant inability to design and evaluate efficacy of injury interventions
 - What oversight is there Which organizations wo ould determine policy

Future

- Meaningful Goals
- New policies
- New practices
- New standards
- New vehicles
- New technologies

Very Important Principle

Ambulance transport safety is part of a SYSTEM, the overall balance of risk involves the safety of all occupants and the public

Conclusion

- Major advances in EMS safety research, infrastructure
- major advances in EMS satety research, infrastructu and practice over the past 5 years New technologies for vehicle design, occupant PPE and equipment restraint and driver performance are now available
- now available Development of substantive EMS transport safety standards is a necessity and a reality Enhanced cross disciplinary collaboration in development of safety initiatives now exist EMS is still way behind the state of the art in transport and vehicle safety and occupant protection

And....

► It is no longer acceptable for EMS to be functioning outside of transportation, automotive and PPE safety standards for prevention of and protection of EMS providers and the public from injury and death

PREDICTABLE **PREVENTABLE** and **NO ACCIDENT**

Any Questions?? Electronic handout available online http://www.objectivesafety.net



And....

It is no longer acceptable for EMS to be functioning outside of automotive safety and PPE safety standards for prevention of and protection of EMS providers and the public from injury and death



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- Joe McIntire & Joe Liscina USAARL
- Veridian/Calspan/CenTIR
- Ambulance Association of America
- The USA EMS community Bill Murphy Ontario Ministry of Health
- Muttiah Jeyendra Standards Australia Research assistants Allison Better, Tony Tsai, Philip Lee, Puneet Gupta and Leo McFarland.